

THE CAREER CREATION PROJECT

for STUDENTS

AUSTRALIAN EDITION



An overview for students



WELCOME

TO THE CAREER CREATION PROJECT for STUDENTS

Thank you for your interest in **The Career Creation Project** and for allowing me to be part of your career discovery adventure. Life is full of uncertainties but with a clear understanding of who you are, what you have to offer and what the world of work needs, you are in a much better position to navigate your way toward a fulfilling future.

The Career Creation Project will help you take control of your career by;

- Providing a logical step by step process to enable you to make an informed career decision, with confidence.
- Removing the guess work from choosing further study or what to do next by replacing it with a solid career plan built on quality information and research.
- Sharing with you contemporary insights on the changing world of work and the required skills of the future and how to integrate these into your plan.
- Overcoming common social and career myths that might be holding you back from making an informed career decision and replacing uncertainty and confusion with clarity and purpose.
- Sharing valuable career tools and resources with you to allow you to learn all that you need to know to make a quality career decision.
- Learning a lifelong process to enable you to clearly identify what you can do now to get you to where you want to be tomorrow.

Together we can create a fearless future. Are you ready to roll up your sleeves and get started? Join me in the Career Creation Project and let's do this!

Anna Lynch

Career Consultant | Founder of The Career Creation Project





THE CAREER CREATION PROJECT

CONTENT & PROCESS

MODULE 1

CAREER CREATION BASICS

What's holding me back?

MODULE 2

THE CAREER CREATION ROADMAP

What's the plan?

MODULE 3

THE CAREER CREATION PROCESS (1)

Who am I?

MODULE 4

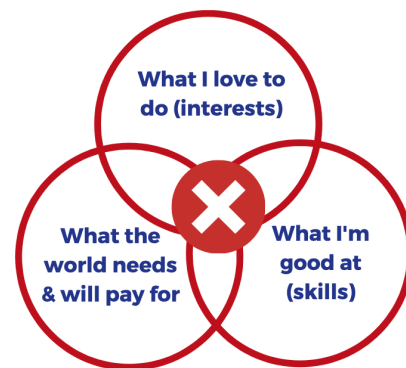
THE CAREER CREATION PROCESS (2)

What's out there?

MODULE 5

THE CAREER CREATION PROCESS (3)

How do I make it happen?



The Career Creation Project is an action-based, content rich, online career development program. Each module follows a step-by-step process to build confidence and ability to enable you to make an informed career decision. The practical workbook encourages ongoing self-reflection and can be used as a standalone resource or transformed into a powerful learning tool when used in partnership with our online program - to access the online program and workbook please visit our website. What can you do today to get you to where you want to be tomorrow? Join The Career Creation Project community and let's get started.

Please Note: SAMPLE worksheets have been included for you. Each worksheet in the comprehensive workbook is linked to key learning topics and are a valuable self-reflection tool. What you choose to do with what you learn is totally up to you. Good luck!



Career Coaching Workshops
Strive.Drive.Thrive

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GETTING STARTED

Here are a few tips to make sure you get the most out of The Career Creation Project.



TOP TIP: YOU ARE THE MOST IMPORTANT PERSON IN THIS PROCESS - YOU'RE WORTH INVESTING YOUR TIME IN

- ☒ COMPLETE EACH SESSION & WORKSHEETS IN ORDER
- ☒ DO ALL THE WORKSHEETS & ACTIVITIES AND APPLY THEM TO YOU AND YOUR CAREER
- ☒ BE CURIOUS & OPEN-MINDED
- ☒ FOCUS ON WHAT YOU CAN DO AND WHAT YOU HAVE CONTROL OVER, NOT WHAT YOU CAN'T
- ☒ BE A PROBLEM SOLVER - LOOK FOR SOLUTIONS
- ☒ LEARN FROM YOUR EXPERIENCES-AFTER EACH LESSON ASK YOURSELF 'WHAT DO I KNOW NOW THAT I DIDN'T KNOW BEFORE?'
- ☒ TRUST THE PROCESS & GIVE IT THE TIME IT DESERVES
- ☒ ASK FOR HELP - YOU DON'T HAVE TO DO THIS ON YOUR OWN
- ☒ TAKE REGULAR BREAKS & CHILAX!

Let's get doing!



MODULE ONE

CAREER BASICS

What's holding me back?

1

WELCOME TO THE CAREER CREATION PROJECT - WHAT'S IT ALL ABOUT?

2

CAREER MYTHS BUSTED - WHAT'S HOLDING ME BACK?

3

MY CAREER - WHAT DO I REALLY WANT TO BE WHEN I GROW UP?

4

THE PROBLEM WITH CHOICE - CAN THERE BE TOO MUCH?

5

GEARING UP FOR THE FOREVER CHANGING WORLD OF WORK - WHAT DO I NEED TO KNOW?

6

GETTING MY HEAD IN THE GAME - HOW CAN I DEVELOP A GROWTH MINDSET?

7

WRAP UP: I CAN DO THIS!



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MODULE X: LESSON X

WORKSHEET X

THREE (3) KEY INGREDIENTS FOR CAREER CREATION

When it comes to choosing a career there are three (3) key elements or ingredients to consider that can help guide your career choices. This session introduces these 3 ingredients to you and encourages you to start thinking about how you can integrate each of them into your own career plan.

To achieve this your aim is to combine what you love to do (your interests) with what you're good at (your skills and talents) and consider potential career opportunities with respect to what the world of work needs (and will pay you for). Often when people are feeling dissatisfied at work it is because one of these ingredients is missing.



Doing what I love (interests, values, motivations)

If you had a free weekend or week to choose to do anything at all what would you choose, and why? What motivates you? What is it that makes you want to jump out of bed and start each day?

eg: money, love, connections, feeling you are making a difference. Write your answer below.

Doing what I'm good at (skills, talents, knowledge)

What am I good at?

eg: talking to people, making them laugh, following instructions, team player, biology/woodwork etc.

If unsure ask your family and friends for input. Write your answer below.

Doing something the world of work needs (and can be paid for)

What do you think the world of work needs? What kind of work could you do based on your interests and experience that you could get paid for?

POTENTIAL OCCUPATIONS

Using your responses above as a guide, are there any career options or occupations that come to mind that would meet each or all of the above career ingredients?

TIP: Do this activity in groups, or with someone you know. Brainstorm some potential career options you may be interested in exploring further.

Fun Fact: True or Not?
Scotland's national
animal is a Unicorn.